



# Admissions: Personal Items List

## WHAT TO BRING

Please do not bring more than the number listed below. Excess items will be sent back home.

- Underwear – 7 pairs
- Shoes – 3 pairs
  - \*1 to be Athletic shoes for Recreation and P.E.
- Shower shoes – 1 pair
- Shorts – 5
  - \*No more than 4 inches above the knee
- Shirts or Blouses – 7
  - \*No crop tops
- Nightgown/Pajamas – 3
- Sports Bras ONLY – 4
  - \*No Underwire or other type of bra is allowed
- Long pants or jeans – 5
- Sweater or Jacket – 1
- Sweatshirt – 2
- Winter Coat – 1
- Winter Hat – 1
- Belt – 1

## DO NOT BRING – PROHIBITED ITEMS

For safety and program reasons the items below are prohibited. Any item not listed may be identified as prohibited by staff at any time.

- Weapons or protective/defensive devices
- Items or clothing with Cords or Drawstrings, including hoodies, jackets, sweatshirts, sweat pants, pajamas, thong underwear, shorts or pants
- Stockings, pantyhose or tights
- Overalls
- Facial or ear piercing deemed a safety risk. Stud earrings and piercings are usually allowed, but hoop earrings are not
- Plastic bags
- Sharp Objects, including scissors, knives, pocket knives, metal nail files, knitting needles, sewing needles, safety or straight pins
- Metal combs, hair picks or rattail combs
- Any liquid which contains alcohol, such as mouthwash. Any personal care or hygiene product identified as containing alcohol is not permitted (hair product, shampoo/conditioner, body lotion, deodorant or other items)
- Batteries, including battery operated electronics
- Spray or aerosol cans
- Glass containers or other glass items
- Razors (single)
- Compacts with glass mirrors
- Manicure sets
- Coat Hangers (plastic or metal)
- Tape recorders, televisions, radios, iPod or other digital media device, cellular phones, cameras, beepers, computers, portable DVD players or any electrical appliance not required for personal daily grooming
- Steel toed boots, high heels
- Cigarette lighters or matches
- Outside food and/or drinks

**Youth Home, Inc. Admissions**

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