

## WHAT TO BRING

**Do not bring more than the number listed below.**

**Excess items will be sent back home.**

Underwear – 7 pair

Sports Bras ONLY – 4

Shoes – 3 pairs, 1 to be

**\*No Underwire or other  
type of bra is allowed**

Athletic shoes for

Recreation and P.E.

Shorts – 5

Shower shoes – 1 pair

Shirts or Blouses – 7

Nightgown/Pajamas – 3

Sweatshirt – 2

Long pants or jeans – 5

Winter Coat – 1

Sweater or Jacket – 1

Winter Hat – 1

Belt – 1

## **DO NOT BRING – PROHIBITED ITEMS**

**For Safety and program reasons these items are prohibited. Any item not listed may be identified as prohibited by staff at any time.**

- Weapons or protective/defensive devices
- Items or clothing with Cords or Drawstrings, including hoodies, jackets, sweatshirts, sweat pants, pajamas, thong underwear, shorts or pants
- Stockings, pantyhose or tights
- Overalls
- Facial or ear piercing deemed a safety risk. Stud earrings and piercings are usually allowed, but hoop earrings are not
- Plastic bags

## **DO NOT BRING – PROHIBITED ITEMS**

**For Safety and program reasons these items are prohibited. Any item not listed may be identified as prohibited by staff at any time.**

- Sharp Objects, including scissors, knives, pocket knives, metal nail files, knitting needles, sewing needles, safety or straight pins
- Metal combs, hair picks or rattail combs
- Any liquid which contains alcohol, such as Mouthwash. Any personal care or hygiene product identified as containing alcohol is not permitted (hair product, shampoo/conditioner, body lotion, deodorant or other items)
- Spray or aerosol cans
- Glass containers or other glass items
- Razors (single)

## **DO NOT BRING – PROHIBITED ITEMS**

**For Safety and program reasons these items are prohibited. Any item not listed may be identified as prohibited by staff at any time.**

- Compacts with glass mirrors
- Manicure sets
- Coat Hangers (plastic or metal)
- Tape recorders, televisions, radios, iPod or other digital media device, cellular phones, cameras, beepers, computers, portable DVD players or any electrical appliance not required for personal daily grooming
- Steel toed boots, high heels
- Cigarette lighters or matches

**ANY OTHER ITEM DEEMED HAZARDOUS BY STAFF**